

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Walking & breathing exercise Bowlers meet @ 12:15 Art class 1:30-3pm	2 Strength Training @ 10 Cards, games & puzzles <small>Groundhog Day</small>	3 Walking & breathing exercise Cards, games & puzzles	4 Strength Training @ 10 Nutrition/Nuts Cards, games & puzzles	5 Walking & breathing exercise Groceries for Seniors Canasta	6 
7 Friday Feb. 12th Hershey Chocolate World 8:30-4	8 Walking & breathing exercise Bowlers meet @ 12:15 Art class 1:30-3pm <small>Chinese New Year</small>	9 Strength Training @ 10 Cards, games & puzzles <small>Mardi Gras</small>	10 Walking & breathing exercise BRIDGE @ 12:30 Cards, games & puzzles	11 Strength Training @ 10am Cards, games & puzzles Wii bowling	12 Walking & breathing exercises Voting Machine Demo 9am -3pm Canasta	13 VALENTINE EXCHANGE FRIDAY the 12th
14 Friday Feb. 19th Meadowbrooke Gourds 9am-3:30pm <small>Valentine's Day</small>	15 Walking & breathing exercise Bowlers meet @ 12:15 Art class 1:30-3pm <small>Presidents' Day (US)</small>	16 Strength Training @ 10 Nurse Steve/ Teeth & Gums Cards, games & puzzles	17 Walking & breathing exercise Cards, games & puzzles	18 Strength Training @ 10am Cards, games & puzzles I&A 10-1pm Wii bowling	19 Walking & breathing exercises Cards, games & puzzles Canasta	20 
21 CABIN FEVER@ FSC Friday Feb. 26th	22 Walking & breathing exercise Bowlers meet @ 12:15 Art class 1:30-3pm	23 Strength Training @ 10 Cards, games & puzzles	24 Walking & breathing exercise BRIDGE @ 12:30 Cards, games & puzzles	25 Strength Training @ 10am Cards, games & puzzles Wii bowling	26 Walking & breathing exercises Cards, games & puzzles Canasta	27 
28 	29 Walking & breathing exercise Bowlers meet @ 12:15 Art class 1:30-3pm					